

# NHCAC MONTHLY SCOOP

March News &amp; Events

Page 1

## In this issue:

- ◆ Presentation of HUD Housing Counseling Certificate
- ◆ #GoBlueDay Colorectal Cancer Awareness
- ◆ HS/EHS Celebrates Read Across America
- ◆ Patient / Client Compliments
- ◆ CMO Messages: Patient Safety awareness & Doctors Day 2019
- ◆ National Women and Girl HIV/AIDS Awareness Day
- ◆ April Outreach Calendar

## Presentation of HUD Housing Counseling Certificate

Joan Quigley and Rosemary Lavagnino presented Sandra Castano, Coordinator Housing Counseling/Tenant Advocacy Program, with a certificate issued by the US Department of Housing and Urban Development (HUD) in recognition of being designated as a HUD Certified Housing Counselor. HUD requires housing counselors participating in their programs to be certified to offer counseling services to consumers. This new ruling became effective August 1, 2017, mandating that within three years all counselors must pass a national test administered by HUD. It ensures national standards are met for delivery of services and clients are assisted by qualified persons. In preparation for taking the exam, Sandra attended intensive training workshops for more than a year. She demonstrated competency in financial management, property maintenance, responsibilities of homeownership and tenant rights, fair housing laws and its requirements, housing affordability and avoidance of rental and mortgage delinquency and avoidance of eviction and mortgage default. We congratulate Sandra for attaining this achievement. Reach out to her for a one-on-one session or group workshop opportunities at your site for rental counseling, pre-purchase and post-purchase counseling, financial management/budget counseling, how to improve your credit score, landlord duties and tenant rights and much more. All services are provided in English and Spanish and other languages as well. Contact Sandra at 201.866.3140.



## Colorectal Cancer Awareness

## #GoBlueDay

In February 2000, President Clinton officially dedicated March as National Colorectal Cancer Awareness Month. Since then, it has grown to be a rallying point for the colon cancer community where thousands of patients, survivors, caregivers and advocates throughout the country join together to spread colorectal cancer awareness by wearing blue, holding fundraising and education events, talking to friends and family about screening and so much more.

NHCAC staff showed their support by wearing [BLUE and Jeans](#) on [Friday, March 15, 2019](#).



Did you know...  
Colon Cancer  
isn't just a  
50+ Disease



## NHCAC MONTHLY SCOOP

March News & Events

Page 2

### Head Start/Early Head Start Celebrates Read Across America!

On Friday, March 1st, 2019 NHCAC HS/EHS programs celebrated Dr. Seuss Birthday! They had many interesting readers for our children this year! Thing 1 (Mayor Wayne Zitt, Guttenberg) in full costume visited and read to all 4 classrooms at our 67th Street location! Board Member Wayne Cook always ready, willing and excited. Commissioner Cosmo Cirillo, West New York was more than animated when reading to a class of enthusiastic students at our 5800 Kennedy Blvd location. We can't forget about the police officers and other public officials who found time in their busy schedules to volunteer. The students and staff had an amazing time!





## NHCAC MONTHLY SCOOP

March News & Events

Page 3

### Patient/Client Compliments March 2019



#### **Rapid Re-housing:**

*Wanted to thank Diana L., Case Mgr. from the bottom of my heart for helping me out on my PSE&G and my food vouchers! You helped my family and I so much and I thank God for you and your services. Thank you and blessings!*

*This goes out to Michele M., Emergency Assistance Coordinator and Susanna N., Outreach Case Mgr. of North Hudson Community Action for their dedication and help about a personal matter. These two women are a GEM and compassionate and diligent. (A gem is a jewel or stone that used in jewelry. ... (If you describe something or someone as a gem, you mean that they are especially pleasing, good, or helpful). I also want to thank her staff for their assistance as well.*

*This is the reason for being a part of Community Networking Association because you just never know what can happen in a blink of an eye. CNA has brought hundreds of people together and provided resources and information over the years to possibly five hundred thousand souls. This is truly something to celebrate because we do not do it for the fame we do it help, save and inform our community.*

*Thank you for your hard work and dedication to our community.*

#### **Passaic: Pediatrics**

*Hello, my kids are patients, @ Passaic Pediatrics and I am writing regarding your CMA's they are excellent and professional. I am very satisfied with their attention.*

#### **West New York: Dental**

*Rose Z., Associate Supervisor Dental Services does an excellent job; she is very professional.*

#### **West New York: Security**

*Latashia M., Security Guard does an excellent job. Thank you!*

#### **West New York: Women's Health**

*This establishment is so full of priority and overwhelming with patient. The staff, especially Maribelle R, Registration Clerk she is excellent and the patient care and customer service even in the face of challenge and demanding patients are excellent.*

#### **West New York: Internal Medicine**

*Ms. Veronica F., Referral Navigator does an excellent job; she is very professional. Thank you very much!*

*Very satisfied with my consultation and friendly attention of Dr. Sujovolsky.*

*The attention was fast. The doctor and nurse were very friendly. There is a good system in place now and the coordination is much better than before. I used to have to wait a long time to be seen. Very good attention!*

#### **Jersey City: Registration**

*Patient called and wanted to recognize Alexa R., Reg Supervisor for being a very nice person and very helpful.*

## NHCAC MONTHLY SCOOP

March News & Events

Page 4

### CMO Messages March 2019

## March 10-26, 2019 National Patient Safety Awareness Week

This week marks National Patient Safety Awareness Week, an annual recognition event that is intended to encourage everyone to learn more about health care safety for our patients and the workforce. As we go about the week, I want to take time to celebrate a few of our successes and reflect on our own patient safety efforts within the culture of North Hudson.

Recognize all the hard work our frontline staff put in each day to ensure that every day is patient safety day

Recognize staff and committees that work every day to provide safe care

Ensure that leaders establish and sustain a safe culture: board and management teams regularly discuss quality and patient safety and are committed to meeting both

Recognize that patient safety involves everyone at every level: Employees attend New Hire Orientation and participate in the annual skills fair

Create centralized and coordinated oversight of patient safety: medication reconciliation, follow up on labs and diagnostics tests

Create a common set of safety metrics that reflect meaningful outcomes: track and trend medication errors and adverse drug reactions, monitor patient accident/incidents and conduct risk stratification

Address safety across the entire care continuum to ensure that staff providing care are duly credentialed and complete competencies

Support the health care workforce: lunch breaks are now 45 minutes

Partner with patients and families so that they receive the safest care: use of translation lines, develop relationships with hospitals and other entities, conduct health literacy assessments, verify allergies, perform medication reconciliation at each visit

Ensure that technology is safe and optimized to improve patient safety: maintain a current and certified EMR, create alerts in the EMR, ensure privacy is secured at all times

Maintain compliance with our various accreditation organizations

Our actions, large and small, have a very real impact on the lives of our patients and the communities we live in. Routine actions such as hand washing, keeping our work spaces clean and orderly, getting a flu shot, etc, all have a very real impact on the patients and families we serve. In our mission to provide the highest quality of care for our patients, I am grateful to everyone who has made a difference by taking the time and effort to help make North Hudson safer for our patients and our communities.

Flordeliz Panem, MD

Chief Medical Officer

Patient Safety  
Awareness Week



## Doctor's Day March 30, 2019

Dear Colleagues,

It is that time of year again where we pause and recognize our outstanding physicians, dentists, psychologists, nurse practitioners, certified nurse midwives, dental hygienists and licensed clinical social workers for the high quality care and service they provide to our patients. Words cannot express how much we all value your hard work, dedication, commitment, and compassion to this organization and to our communities. I am privileged and honored to have the opportunity to work with all of you.

As we celebrate National Doctor's Day on Saturday, March 30, 2019, I ask everyone to join me in expressing our sincere appreciation for all those that serve on our medical staff. Let us all continue to strive together to have a positive impact on the lives of our patients and their families, delivering the best quality care that North Hudson is known for.

Flordeliz Panem, MD

Chief Medical Officer

Doctor's Day

March 30




NHCAC MONTHLY SCOOP

March News & Events

Page 5


National Women and Girls HIV/AIDS Awareness Day

NHCAC celebrated National Women and Girls HIV/AIDS Awareness Day on **Sunday, March 10, 2019** by offering **FREE Rapid HIV Testing** at our West New York Health Center located at 5301 Broadway, West New York, New Jersey 07093.



NORTH HUDSON  
COMMUNITY ACTION CORPORATION

Celebrates



NATIONAL  
Women and Girls  
HIV/AIDS AWARENESS DAY  
March 10

This Sunday, March 10, 2019

Free Rapid HIV Testing

10:00am-2:00pm

At our **West New York Health Center** located at  
5301 Broadway, West New York, New Jersey 07093

**\*\* HIV Prevention Starts with Me...and You! Find out how to get involved in #NWGHAAD**

Outreach Calendar April 2019

April 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 One Stop Career Center Presentation 9am	3	4	5	6 Hudson County Department of Health and Human Services Annual County Wide Fair, HCST County Prep 10am-2pm
7	8	9 One Stop Career Center Presentation 9am	10 Health Fair for Senior Citizens St. Mary's General Hospital 10am-2pm	11	12	13 Health and Wellness Fair DVine Konektion, WNY 9am-1pm
14	15	16 One Stop Career Center Presentation 9am	17	18 Community Advisory Council Meeting, Hackensack Wellness Center 10am-11:30am	19	20
21	22	23 One Stop Career Center Presentation 9am	24	25	26 Hackensack Reentry Program Presentation 10am-11am	27 Health Fair Free Skin Cancer Screening 7600 River Road, NB 9am-1pm
28 City of Passaic Resource Fair 380 Paulison Ave. Passaic 9am-4pm	29	30 One Stop Career Center Presentation 9am				

**OUTREACH  
EVENTS**

Outreach Representatives

- Amanda Martinez ext. 10153 [amarlines@nhcac.org](mailto:amarlines@nhcac.org)
- Cristina Hernandez [chemandez@nhcac.org](mailto:chemandez@nhcac.org)



NORTH HUDSON  
COMMUNITY ACTION CORPORATION

Community Health Educator and Family Planning Representative

- Sara Grajeda [sgrajeda@nhcac.org](mailto:sgrajeda@nhcac.org)

- \* Every Tuesday of April - One Stop Career Center Presentation
- \* Saturday April 6: Hudson county department of Human Services Annual County Wide Fair at HCST County Prep from 10am-2pm
- \* Wednesday, April 10: Health Fair for Senior Citizen's at St. Mary's General Hospital from 10am-2pm
- \* Saturday, April 13: Health and Wellness Fair at DVine Konektion, WNY from 9am-1pm
- \* Thursday, April 18: Community Advisory Council Meeting, Hackensack Wellness Center from 10am-11:30am
- \* Friday, April 26: Hackensack Reentry Program Presentation from 10am-11am
- \* Saturday, April 27: Health Fair Free skin Cancer Screening at 7600 River Road, North Berge from 9am-1pm
- \* Sunday, April 28: City of Passaic Resource Fair, 380 Paulison Ave., Passaic 9am-4pm